



Frank Bell Horse Whisperer

Foal Demanding Treats

Dear Frank and team,

Hi my name is Rachel I have just purchased a 7 1/2 month old Arab filly for a companion. I have little experience with horses and am now researching for my future adventure. In reading Training your foal by Renate Ettl and the young section of your web page, now realizing I have already started creating my own little monster, by hand feeding and tidbits. Even today I noticed her very demanding since Sunday when I had her eating out the palm of my hand and following me around everywhere I went, until today when she didn't get her treats she kept flicking her head, turning her rear towards me and biting my jumper. I'm just waiting for her to kick me. I am interested in your working with young horses video and wondering if it is available in Australia in stores? I am also wondering if there is anything else you can suggest? I would appreciate any advice that you could give me. Hoping to here from you soon.

Regards,
Rachel and Nelly

Rachel:

You have to become the respected director, not the cookie supplier who bribes your horse. Treats stop immediately and you should learn some exercises to put the horse to work and use that energy constructively. Just like a child with excess energy, the horse needs some jobs that will establish you as the leader while giving you both a sense of accomplishment. And the good news is that is exactly what my 7 Step System is about. You teach your horse a logical set of exercises that promotes your dominance while promoting you and your horse's safety. This is all well explained in my '[Discover the Horse You Never Knew](#)' video as well as my audio book, 'Seven Steps to a Safer Horse.' Read the three [Western Horseman articles](#) to get started, then order our '[Getting Started Package](#).' If you can afford a horse, you can afford the information and tools to be successful, even down under in Australia.

Good luck and be safe,